



POSTGRADUATE MULTICULTURAL TRAINING INTERNATIONAL PSYCHOLOGY INTERNSHIP

The Lutheran Family Health Centers Network (LFHC-Network), since 1997, has been offering Multicultural Training to international students in culturally competent clinical research and in the assessment and treatment of culturally diverse children, adolescents, and adults. Several graduate students from the University of Rome, "La Sapienza", have completed their "internship" with us. This program is open to psychology students in the USA who would like specialized postgraduate multicultural training and foreign students who need to complete their internship or fellowship. During the internship year 2005-06 and 2006-07, the LFHC-Network is training two psychology trainees from the University of Rome who have been awarded a one-year scholarship to study culturally competent treatment and assessment and to be trained in the use of the TEMAS Multicultural test.

Educational Requirements

A Master's degree in School, Clinical and Counseling Psychology or its equivalent for foreign students or Ph.D./Psy.D. for USA students is required. English proficiency and computer skills are also required.

Additional Requirements

A letter is required from the University or the supervising professor indicating that the student has completed his/her Master's or doctoral courses and specifying the level of training he/she is applying for, such as international internship or postgraduate training.

For those enrolling in the **postgraduate training** the letter should indicate that the trainee has also completed their internship.

Timeframe

The **International Internship** requires 24 hours per week for a total of 1,000 hours.

The **International Multicultural Training** requires 24 hours per week for a total of 300 hours.

The **Post Graduate Multicultural Training** requires 24 hours per week for a total of 600 hours.

The enrollment period is, generally, September through June, but other timeframes may be approved.

Tuition

No tuition is charged at this time.

The LFHC-Network does not offer any stipend. However the Network accepts psychology trainees who have been awarded scholarships by their own universities or other organizations.

Clinical Research Training

The Multicultural Training is integrated with the Externship Program of the Mental Health Center at the Sunset Terrace Family Health Center. The training's primary aim is to provide clinical research skills for psychology trainees through the assessment and treatment of culturally and linguistically diverse clients, and through data entry and data analysis. The students will be involved in the on-going research of these culturally competent *Cuento Therapy*, *Hero-Heroine Modeling Therapy* and *TEMAS Narrative Therapy* modalities and in the Multicultural and Cross-Cultural Validation of the TEMAS tests, developed by Dr. Costantino and his colleagues at the Hispanic research Center, Fordham University and the Sunset Park Mental Health Center Network during the last two decades. Most recently, we have completed a SAMHSA funded, five year national multi site study for the delivery of mental health and substance abuse services to the elderly in primary care; and a SAMHSA/FEMA funded, 3-year consortium study, Child/Adolescent Treatment and Services (CATS), a project which provided treatment to children affected by the 9/11 terrorist attacks. Other clinical research projects in progress include the development of a questionnaire to assess parenting styles, the collection of normative TEMAS data for adolescents and juvenile sexual offenders and sexually abused children, and others.

Students will also be involved in the application of these techniques to research topics in the psychology of medicine including weight loss management, diabetes, and cardiovascular diseases. In 2003, the Cuento and TEMAS techniques were recognized by the American Psychological Association as valid multicultural, culturally competent modalities in the USA and by the Society of Personality Assessment as valid cross-culturally modalities with international clinical utility.

Students will also be trained in traditional, culturally competent psychological testing

Student enrolled in this program will attend two seminars per week on Multicultural Treatment and Assessment and includes training in the administration, scoring, and interpretation of the TEMAS test.

Dissertations and Theses

This program will provide technical assistance to American and International students who will use these culturally competent techniques in their dissertations or theses. Several students from the University of Rome "La Sapienza" and from the Catholic University of Milan, as well in the USA and Puerto Rico, have completed their dissertations or theses using the TEMAS test.

Number of Students

A total of four students (4) are admitted into the program per year.

Applications for the Postgraduate Multicultural Training and the International Psychology Internship should be sent to:

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